

DAILY SCHEDULE



DATE :

S M T W T F S

TODAY'S SCHEDULE

6:30 AM	WAKE UP, SHOWER, GET DRESSED
7:00 AM	PREPARE BREAKFAST FOR THE FAMILY
7:30 AM	EAT BREAKFAST FOR THE FAMILY
8:00 AM	START THE DAY WITH A MORNING MEETING TO REVIEW THE SCHEDULE AND ANY IMPORTANT ANNOUNCEMENTS.
8:15 AM	MATH LESSON
9:15 AM	SCIENCE LESSON
10:15 AM	SNACK BREAK
10:30 AM	ENGLISH/LANGUAGE ARTS LESSON
11:30 AM	HISTORY/SOCIAL STUDIES LESSON
12:30 PM	LUNCH BREAK
1:30 PM	PHYSICAL EDUCATION OR MOVEMENT
2:30 PM	ART LESSON
3:30 PM	WRAP UP THE DAY AND DISCUSS HOMEWORK OR ANY INFORMATION NEEDED FOR THE NEXT DAY.
4:00 PM	DINNER AND SPEND TIME WITH FAMILY

TOP PRIORITIES

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MEALS:

- BREAKFAST
- LUNCH
- SNACK
- DINNER

APPOINTMENTS

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