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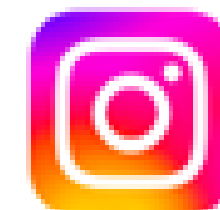
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Credit and Acknowledgements

Ways to Connect with Us

Brands used within this product:



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Spring Into Self Care

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|---------------------------------------|--------------------------------------|----------------------------------|--------------------------------|---|
| | | | | | | ¹ Wear fuzzy socks |
| ² Apply a mask | ³ Wear your favorite lipstick | ⁴ Use moisturizer all over | ⁵ Buy a new perfume | ⁶ Curl your hair | ⁷ Order takeout | ⁸ Use a hair mask |
| ⁹ Paint your nails | ¹⁰ Eat your favorite ice cream | ¹¹ Watch a romantic movie | ¹² Get your makeup done | ¹³ Take a bubble bath | ¹⁴ Go on a date | ¹⁵ Do yoga |
| ¹⁶ Get a latte | ¹⁷ Read a good book | ¹⁸ Buy a new candle | ¹⁹ Get your car washed | ²⁰ Go for a walk | ²¹ Get some flowers | ²² Frame your favorite picture |
| ²³ Pancakes for dinner | ²⁴ WINE | ²⁵ Buy new jammies | ²⁶ Drink a hot cup of tea | ²⁷ Plant some flowers | ²⁸ Use a face scrub | ²⁹ Sleep in |
| ³⁰ Listen to your favorite song | | | | | | |

